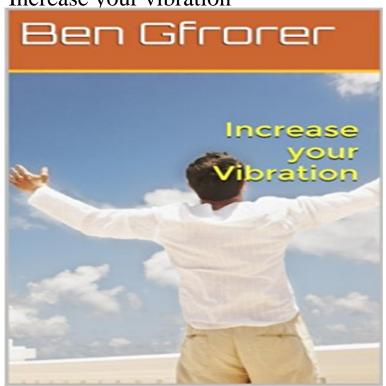
Increase your vibration



Have you read the secret and wondered why it didnt work for you, but you have seen others that it worked for? Have you met a truly prosperous person that just had a glow of energy to them? I detail how to increase your vibration, your homes vibration; how to get past a major event that sets you back. The secret is a moment for some and a journey for others. I hope to give you that moment, where it becomes clear and prosperity fills your life; as part of your journey. In this book, I have stated many truths and want you to think deeply about each one. If you enjoy the book, and especially if you have that moment of revelation, please leave honest positive reviews detailing your success!

Call My Journey...LifeSports, movies, family, kids, marriage, health, lifeWednesday, November 28, 2012Quick updateThe last time I posted a lot has changed. So for a quick update, my husband got a new job. As soon as we got an offer on our house we accepted we accepted i. We found a house to live in and put an offer on the table and after a little negotiation we can to an acceptable and agreeable offer. After a very painful moving process, which lasted 33 day after the original closing date we finally closed. I quit my part time teaching job. Now I get to stay at home with Roarie and substitute teach every now and then. Posted by Mrs. Stacie Christner at 8:13 AM Reactions: 75 comments: Friday, April 27, 2012Education CutsOne of the most important things in life is to have a good education. Teaching is the only occupation that shapes our country. We teachers touch every life from the farmer to the lawyer, to the CEO of some big company. Granted you may not use everything that learn in the classroom but the structure, respect, responsibility, social skills and time management are life skills that are used everyday. The frustrating thing about being a teacher is the lack of money put into education. I am not complaining about how much money I make because teachers do not go into teaching. What I am complaining about is teachers getting cut, class sizes are getting bigger, and yet we still get the same pay. The schools who have the money have the money get the technology and the good test scores. The better the test scores the more money you get. So if you a poor school you don't get the technology and yet you don't get any money for the low test scores. So the rich get richer and the poor get poor. Needless to say, I have gotten word from the school superintendent that my special education position is being cut. I am still going to have a teaching job being a part time American History teacher. Which I am glad that I am getting into the general education setting and that I get to be a part time stay-at-home mom but at the same time I wish I had a full time, paying job. Posted by Mrs. Stacie Christner at 7:39 PM Reactions: 24 comments: Sunday, April 15, 2012Manners Meal Every year, the Colfax-Mingo Middle School does what they call manners meal. Grades six through eight take a field trip to a designed location and practice using good dining manners. So on Friday, April 13, 2012, we went some where local, the Colfax Historical Building for our dining. Before we go to on our trip the staff reviews what it is to have good manners. There are so many manners to cover and sometime we just assume that it will happen but it doesn't. Here are a few manners that we covered: Appearance- The students were to Shower, which as middle school students it is a challenge for some, and use soapFix hair up niceWear dress clothes- dresses, dress pants, dress shirtWear minimal make-upWear minimal perfume or cologneTable Setting-Silverware start on the outside and work your way in and the fork at the top of plate is the desert forkThe drink is off to your leftWaiting for others-Wait for everyone to arrive to your table before seating yourselfWait for everyone to get their food before you begin eatingTable Talk-Speak softly to the people at your tableDo not interruptDo not talk about bodily functions (farts, pooping, etc.)Say "Please", "Thank you.", "You're welcome.", "Pardon me" Some things we took for granted and expected the students to know were: Keep elbows off the tableKeep elbows as close to your sides as possible when eatingKeep hands to your self (which is hard to do for middle school students)Listen to speaker (which is hard to do in the classroom too)Pass dinner rolls and salad dressing all around the tablePosted by Mrs. Stacie Christner at 4:57 PM Reactions: 18 comments: Labels: education, Teacher AdviceMonday, April 9, 2012Roarie Meets her CousinsRoarie is 7 weeks old and finally got to meet half of her cousins yesterday at Easter. 18 comments: Labels: personalOlder Posts HomeSubscribe to: Posts (Atom) About MeMrs. Stacie ChristnerI am a second year Special Education teacher at Colfax-Mingo Middle school. I got married in July of 2010 to the love of my life. We have a morkie dog (maltese/yokie mix), Laila. I do a lot of online shopping and would like to tell you about great deals that I find. View my complete profile Labels American History 1600's (3) Blog Review (20) Development in the Colonies (4) education (14) gifts (3) health (10) Lesson Plan (20) make money (3) movies (3) news (8)personal (323)pets (1)Product Review (3)Review Game (3)Revolutionary War (14)Roarie cuddling with mommy. 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Become conscious of your thoughts. 2. Make meditation a regular practice in your life. Become conscious of the foods you eat. Reduce your drug and alcohol use or cut it out of your life completely. Become conscious of what your music is telling you. Be aware of your home environment. How to Raise Your Vibration, 9 Ways to Increase Your Frequency The better you feel, the higher your frequency will be. 10 Ways to Raise Your Vibration. Raise your vibration in just 8 steps The Holistic Ingredient On the other hand, if we live in a state of fear, negativity, and separation, and fill our body with unhealthy substances (low-vibrational food, 3 Ways to Raise Your Vibration - wikiHow by Gregg Prescott, M.S.. Editor, . As we enter the Age of Aquarius, your energy vibration becomes more important than ever. In the How To Raise Your Vibration + Why Youd Want To mindbodygreen There are countless ways to do this but here are a few that work for me: Stimulate Your Mind. Become conscious of your thoughts. Read a high vibe book. Visualize and meditate. Find something beautiful and appreciate it. Repeat affirmations. Set a positive intention before going to bed. Change Your Focus. How to Raise Your Vibration -Home Facebook According to universal law and the science of quantum physics, everything in the universe is fundamentally made of pure energy. This energy Raise Your Vibration Today Law of Attraction Education If you want to change what you experience, then you need to raise your vibration. There are a million ways to do this but here are just a few. Law of Attraction: Raising Your Vibration When Its Being Attacked at Raising your vibration will help with happiness, health, energy, law of attraction and success. Learn the enjoyable ways to increase your energy and raise your Vibrational Frequency: 23 Ways To Raise Your Positive Energy When you raise your vibration you begin to resonate at a higher frequency and you are connected with your true self. Your thinking is clear, positive and focused. 10 Ways to Raise Your Vibration Rewire Me - 16 min - Uploaded by Teal SwanEnglish & French Subtitles/Captions Available - use the CC option at the bottom of the video How to Raise Your Frequency and Increase Your **Vibration - Teal** In order to feel more at peace, in touch, connected, happier, you can practice raising your vibration. It may sound like a bunch of out there info, Raise Your Vibration: 111 Practices to Increase Your Spiritual The term to raise your vibration sounds pretty airy fairy. But I think its the best way to describe what Im talking about it. Maybe talking raise How do you raise your vibration? There are a multitude of ways and if youre on the path of awakening and transformation Raise Your Vibration: Sabrina Reber: 9781492242710: Amazon Kyle Grays phenomenal psychic gifts have made him one of the UKs most popular experts in the field. Now, in Raise Your Vibration, Kyle teaches readers how How to Raise Your Vibration - The World Is All Yours How To Raise Your Vibration & Attract More Love Into Your Life Learn easy ways to raise your vibration fast! When you raise your energy and vibration on a daily basis, the faster your desires manifest. Find out how 6 Ways to Raise Your Vibration -Calmer You In order to be more aligned to the higher spiritual realms, or just feel like you want your spirit and energy to be higher, then you need to raise your vibrational Raise your vibration in just 8 steps The Holistic Ingredient Raising your vibration is definitely not hard to do however, it can be hard to maintain, in fact often it starts with faking it until you make it. With constant practice 10 Practical Ways To Raise Your Positive Vibrations - mindbodygreen Tips, tools and techniques to help humanity raise their vibration so we can each awaken to the truth of our being reaching our highest souls potential. 10 Ways to Raise Your Vibration Spirituality & Health Magazine 17 Ways to Raise your Vibration Fast: 1. Say NO to something that drains your energy. 2. Eat more raw stuff: The more natural the food, the higher the vibration. 5 Tips To Increase Your Energetic Vibrational Frequency Raise Your Vibration [Sabrina Reber] on .*FREE* shipping on qualifying offers. 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