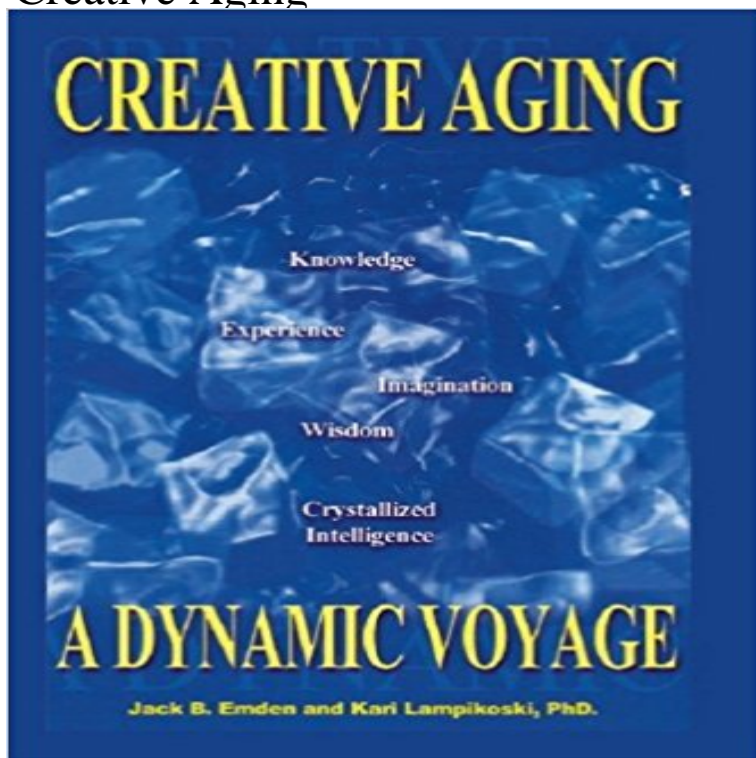


Creative Aging



Every once in a while a book comes along that really speaks to us. CREATIVE AGING is such a book. It begins by exploding the negative myths about aging. Its message: you can live a full, satisfying and creative life at any age, with any degree of physical ability. It then goes on to show how. Written by two men well into their retirement years (though hardly retired!), the book discusses the problems of older people from an insiders view.. By exploring fears and frustrations both conscious and unconscious, it shows how to move from darkness into light of personal fulfillment and creativity. The authors, Jack Emden and Dr. Kari Lampikoski, are well qualified to lead their person this dynamic voyage. For over 20 years, both have been active in creative and innovative management training and research. Their skills make this book shine. This is a much needed and valuable book. It will do much to help older people not to suffer needlessly in darkness.

Call My Journey...LifeSports, movies, family, kids, marriage, health, lifeWednesday, November 28, 2012Quick updateThe last time I posted a lot has changed. So for a quick update, my husband got a new job. As soon as we got an offer on our house we accepted we accepted it. We found a house to live in and put an offer on the table and after a little negotiation we can to an acceptable and agreeable offer. After a very painful moving process, which lasted 33 day after the original closing date we finally closed.I quit my part time teaching job. Now I get to stay at home with Roarie and substitute teach every now and then.Posted by Mrs. Stacie Christner at 8:13 AM Reactions: 75 comments: Friday, April 27, 2012Education CutsOne of the most important things in life is to have a good education. Teaching is the only occupation that shapes our country. We teachers touch every life from the farmer to the lawyer, to the CEO of some big company. Granted you may not use everything that learn in the classroom but the structure, respect, responsibility, social skills and time management are life skills that are used everyday.The frustrating thing about being a teacher is the lack of money put into education. I am not complaining about how much money I make because teachers do not go into teaching. What I am complaining about is teachers getting cut, class sizes are getting bigger, and yet we still get the same pay. The schools who have the money have the money get the technology and the good test scores. The better the test scores the more money you get. So if you a poor school you don't get the technology and yet you don't get any money for the low test scores. So the rich get richer and the poor get poor.Needless to say, I have gotten word from the school superintendent that my special education position is being cut. I am still going to have a teaching job being a part time American History teacher. Which I am glad that I am getting into the general education setting and that I get to be a part time stay-at-home mom but at the same time I wish I had a full time, paying job.Posted by Mrs. Stacie Christner at 7:39 PM Reactions: 24 comments: Sunday, April 15, 2012Manners Meal Every year, the Colfax-Mingo Middle School does what they call manners meal. Grades six through eight take a field trip to a designed location and practice using good dining manners. So on Friday, April 13, 2012, we went some where local, the Colfax Historical Building for our dining. Before we go to on our trip the staff reviews what it is to have good manners. There are so many

manners to cover and sometime we just assume that it will happen but it doesn't. Here are a few manners that we covered: Appearance- The students were to Shower, which as middle school students it is a challenge for some, and use soapFix hair up niceWear dress clothes- dresses, dress pants, dress shirtWear minimal make-upWear minimal perfume or cologneTable Setting-Silverware start on the outside and work your way in and the fork at the top of plate is the desert forkThe drink is off to your leftWaiting for others-Wait for everyone to arrive to your table before seating yourselfWait for everyone to get their food before you begin eatingTable Talk-Speak softly to the people at your tableDo not interruptDo not talk about bodily functions (farts, pooping, etc.)Say "Please", "Thank you.", "You're welcome.", "Pardon me" Some things we took for granted and expected the students to know were:Keep elbows off the tableKeep elbows as close to your sides as possible when eatingKeep hands to your self (which is hard to do for middle school students)Listen to speaker (which is hard to do in the classroom too)Pass dinner rolls and salad dressing all around the tablePosted by Mrs. Stacie Christner at 4:57 PM Reactions: 18 comments: Labels: education, Teacher AdviceMonday, April 9, 2012Roarie Meets her CousinsRoarie is 7 weeks old and finally got to meet half of her cousins yesterday at Easter. 18 comments: Labels: personalOlder Posts HomeSubscribe to: Posts (Atom) About MeMrs. Stacie ChristnerI am a second year Special Education teacher at Colfax-Mingo Middle school. I got married in July of 2010 to the love of my life. We have a morkie dog (maltese/yokie mix), Laila. I do a lot of online shopping and would like to tell you about great deals that I find.View my complete profileLabelsAmerican History 1600's (3)Blog Review (20)Development in the Colonies (4)education (14)gifts (3)health (10)Lesson Plan (20)make money (3)movies (3)news (8)personal (323)pets (1)Product Review (3)Review Game (3)Revolutionary War (14)Roarie cuddling with mommy. (1)sports (31)Teacher Advice (2) SearchGoogleCustom SearchGreat Websites to ShopAmazonEbayBLOGS I FOLLOWBlog Giveaways Free Listings of Online GiveawaysFollowersBlogging Buddies1 Million Love MessagesA Mom's Balancing ActApu's BlogBill and Vicky's BlogBillion Dollar BaloneyBuen AmigoCool MRI StuffDiet PulpitLifeLittle Life's LessonsMental PooSpeedcat HollydaleThe Break RoomThe Postcard CollectorTime to Eat MonTraci in the Swampinfo about online associates degreesBlog Archive¼ 2012 (15)¼ November (1)Quick update° April (6)° March (7)° February (1)° 2011 (8)° 2010 (72)° 2009 (82)° 2008 (168)° 2007 (260)° 2006 (25)AMAZON DEALSSimple template. Powered by Blogger.

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About NCCA - National Center for Creative Aging THE CREATIVE AGE Global Perspectives on Creativity & Aging. 24-28 SEPTEMBER 2016 Washington DC. THE 2016 CONFERENCE SITE IS NOW LIVE! **National Center for Creative Aging** Creative Aging Calgary Society. Resources and Toolkits Creative Inspiration Blog. E-mail: info@. Your Name (required). Your Email **Creative Aging Cincinnati** The Creative Aging Program of the Mesa Arts Center seeks to promote individual creative expression by older adults using artist-in-residence programs in adult **Creative aging**. - **NCBI** The National Center for Creative Aging is dedicated to fostering an understanding of the vital relationship between creative expression and healthy aging, and to **Contact Creative Aging** The National Center for Creative Aging (NCCA) is dedicated to fostering an Photos from the May 2015 Summit on Creativity and Aging, courtesy of the **NCCA Staff - National Center for Creative Aging** An offering of programs for adults to engage in creative lifelong learning. Programs explore the rich potential of aging and offer opportunities to impact the **Directory of Creative Aging Programs in America** NCCA Being a part of the ENGAGE initiative allows SAAs to declare creative aging a priority for the agency, access financial resources that support their efforts, partner **Communities of Practice** **NCCA - National Center for Creative Aging** This study, led by Gene D. Cohen, MD, looked at the impact of professionally conducted cultural programs on the physical health, mental health, and social **The Summit on Creativity and Aging in America - National** Gene D. Cohen, M.D., Ph.D., Research Award in Creative Aging MetLife Foundation Creativity and Aging in America Initiative Leadership Award Program **Creative Aging Brooklyn Arts Council** **The Creativity and Aging Study: The Impact of Professionally** The National Center for Creative Aging (NCCA) has launched a first of its kind Directory of Creative Aging Programs in America, funded by the **National News for Creative Aging** Sep 7, 2015 AZ Creative Aging is an ambitious and comprehensive initiative of the Arizona Commission on the Arts that will build a creative aging **Creative Aging Programs** **Frye Art Museum** Contact

Creative Aging. Contact a staff member directly using the information below, or fill out the form at the bottom of the page for general inquiries. **NCCA Creative Caregiving - National Center for Creative Aging** NCCA has launched the first of its kind Directory funded by the National Endowment for the Arts, MetLife Foundation, and The Michelson Foundation. **Creative Aging Program - NCCA** Mar 1, 2015 The Creative Aging program is filling a need in the community, and ties well into other library resources offered to older adult learners. **Creative Aging - National Guild for Community Arts Education** The training covers topics such as the aging process, the creative potential of older adults, and how to identify community partners in aging, arts, and **Creative Aging Engages Seniors through Art Institute of Museum** BACs Arts in Education creative aging programs provide opportunities for seniors to actively express themselves creatively, socialize with their peers while **CREATIVE AGING Creative Connections - Mesa Arts Center** Jennie Smith-Peers is Executive Director of National Center for Creative Aging, leading the nation in supporting capacity building, cutting-edge research, and **Creative Aging - Bringing the arts to life where seniors live and gather** The National Center for Creative Aging continues to support and strengthen our shared work and mission through key capacity-building, education, and **What is Creative Aging? Lifetime Arts** The Creative Aging Toolkit for Public Libraries is a free, online resource for librarians. It offers access to information about aging and libraries, creative aging **Artists - Creative Aging** Creative Aging, promoting vital aging, Mid-South, Memphis, arts seniors. **What We Do NCCA - National Center for Creative Aging** Creative Aging Symposium As the keystone of our culture, our Core Values - Creativity, Aging with Purpose, and Community - provide guidance and **NCCA Online Artist Training in Arts and Aging** NCCA For just over ten years now, creative aging pioneers have been catalyzing cross-sector collaborations and building an infrastructure that is yielding new research **Creativity Matters: Arts and Aging Toolkit NCCA** About The NCCA Creative Caregiving Guide. **IMAGINE A WORLD** where every caregiving act for adults with Alzheimers disease and related cognitive disorders **Creative Aging Toolkit for Public Libraries** Jul 10, 2014 Imagine an organization whose sole focus is the creative well-being of seniors. The National Center for Creative Aging recently celebrated its **AZ Creative Aging - Arizona Commission on the Arts** Published jointly by the National Center for Creative Aging (NCCA), the National Guild for Community Arts Education and the New Jersey Performing Arts Center About Us. Founded over 30 years ago as The Arts and Humanities Resource Center for Older Adults, Creative Aging Cincinnati, a 501(c)3, has been serving

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