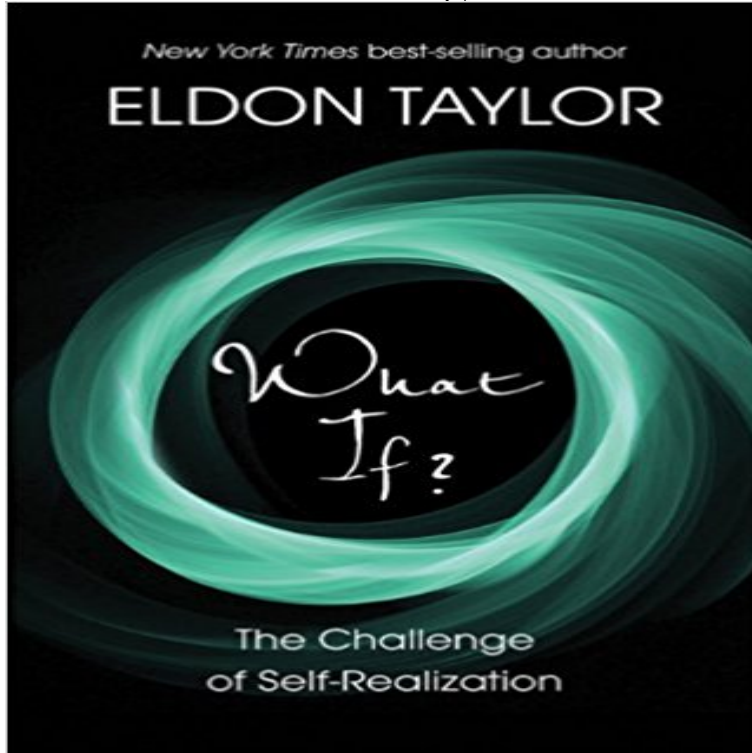


What If?: The Challenge of Self-Realization



What if you awoke tomorrow with amnesiano memory of who you are, what you like and dislike, and so on. Would you be the same person? What if, as in the movie *The Matrix*, you discovered that everything was a simulation and you were just a programmed component? What if everything you believed was false? Who would you be then? Eldon Taylor has been researching the power of the mind for more than 25 years. He has repeatedly demonstrated the overt attempts that have been made to control your thinking. While very interesting in theory, most of us do not understand this on a personal level. It is easy to understand the concept of Mind Programming when it is occurring with someone else, but most would deny that they too are victims. *What If?* is a very personal book. By using everyday situations and guiding you through numerous thought experiments, Eldon does an excellent job of peeling back the layers and revealing the dissonance in much of your thinking, beliefs, desires, and choicescontradictory beliefs held at the same time with no apparent awareness. Once you have seen your own mind with the filtered lenses removed, it is impossible to remain the same. That is why so many have praised this work as being absolutely life-changingnot just a fascinating readbut a transformational experience!

Call My Journey...LifeSports, movies, family, kids, marriage, health, lifeWednesday, November 28, 2012Quick updateThe last time I posted a lot has changed. So for a quick update, my husband got a new job. As soon as we got an offer on our house we accepted we accepted i. We found a house to live in and put an offer on the the table and after a little negotiation we can to an acceptable and agreeable offer. After a very painful moving process, which lasted 33 day after the original closing date we finally closed.I quit my part time teaching job. Now I get to stay at home with Roarie and substitute teach every now and then.Posted by Mrs. Stacie Christner at 8:13 AM Reactions: 75 comments: Friday, April 27, 2012Education CutsOne of the most important things in life is to have a good education. Teaching is the only occupation that shapes our country. We teachers touch every life from the farmer to the lawyer, to the CEO of some big company. Granted you may not use everything that learn in the classroom but the structure, respect, responsibility, social skills and time management are life skills that are used everyday.The frustrating thing about being a teacher is the lack of money put into education. I am not complaining about how much money I make because teachers do not go into teaching. What I am complaining about is teachers getting cut, class sizes are getting bigger, and yet we still get the same pay. The schools who have the money have the money get the technology and the good test scores. The better the

test scores the more money you get. So if you a poor school you don't get the technology and yet you don't get any money for the low test scores. So the rich get richer and the poor get poor. Needless to say, I have gotten word from the school superintendent that my special education position is being cut. I am still going to have a teaching job being a part time American History teacher. Which I am glad that I am getting into the general education setting and that I get to be a part time stay-at-home mom but at the same time I wish I had a full time, paying job. Posted by Mrs. Stacie Christner at 7:39 PM Reactions: 24 comments: Sunday, April 15, 2012

Manners Meal Every year, the Colfax-Mingo Middle School does what they call manners meal. Grades six through eight take a field trip to a designed location and practice using good dining manners. So on Friday, April 13, 2012, we went some where local, the Colfax Historical Building for our dining. Before we go to on our trip the staff reviews what it is to have good manners. There are so many manners to cover and sometime we just assume that it will happen but it doesn't. Here are a few manners that we covered:

- Appearance- The students were to Shower, which as middle school students it is a challenge for some, and use soap
- Fix hair up nice
- Wear dress clothes- dresses, dress pants, dress shirt
- Wear minimal make-up
- Wear minimal perfume or cologne
- Table Setting- Silverware start on the outside and work your way in and the fork at the top of plate is the desert fork
- The drink is off to your left
- Waiting for others- Wait for everyone to arrive to your table before seating yourself
- Wait for everyone to get their food before you begin eating
- Table Talk- Speak softly to the people at your table
- Do not interrupt
- Do not talk about bodily functions (farts, pooping, etc.)
- Say "Please", "Thank you.", "You're welcome.", "Pardon me"

Some things we took for granted and expected the students to know were:

- Keep elbows off the table
- Keep elbows as close to your sides as possible when eating
- Keep hands to your self (which is hard to do for middle school students)
- Listen to speaker (which is hard to do in the classroom too)
- Pass dinner rolls and salad dressing all around the table

Posted by Mrs. Stacie Christner at 4:57 PM Reactions: 18 comments: Labels: education, Teacher Advice

Monday, April 9, 2012

Roarie Meets her Cousins Roarie is 7 weeks old and finally got to meet half of her cousins yesterday at Easter. 18 comments: Labels: personal

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About Me

Mrs. Stacie Christner I am a second year Special Education teacher at Colfax-Mingo Middle school. I got married in July of 2010 to the love of my life. We have a morkie dog (maltese/yokie mix), Laila. I do a lot of online shopping and would like to tell you about great deals that I find. View my complete profile

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